

Is This For You?

Find the right trail grade for your abilities

DESCRIPTION

A red trail is designed for proficient mountain bikers with good off-road riding skills and a high level of fitness.

The bikes used will be a good quality mountain bikes and users should have good off-roading skills and techniques. The trail will also encompass steep gradients and technical trail features including boardwalks, berms, large rocks, medium steps, drop-offs, cambers and water crossings.

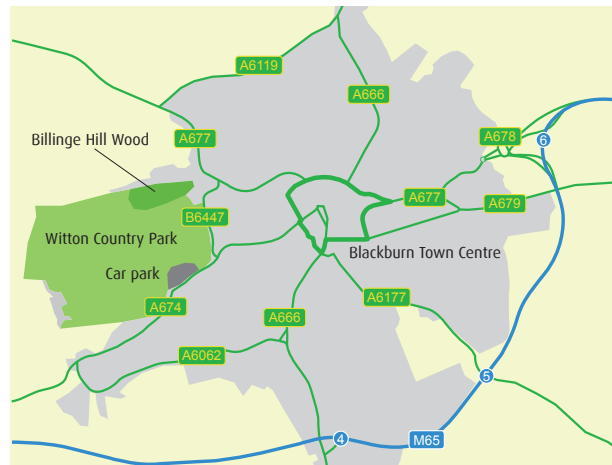
DESCRIPTION

A black trail is designed for expert mountain bikers with excellent off-road riding skills where high level of stamina over long periods of time. The bikes used should be a good quality mountain bike. The users should have advanced off-roading skills and technical ability. Trails will encompass large, committing and unavoidable technical trail features and exposed open hill sections. Trails sections may include custom manufactured structures such as boardwalk or larger jumps.



Hot and cold drinks and light refreshments are available at the Pavilion Cafe (adjacent to the athletics track) and also the Old Stables Tearoom at the Visitor Centre. Public toilets are located next to the Pavilion. For more information please contact: 01254 697307

How To Find Us



Witton Country Park is 480 acres of beautiful mixed woodland, parkland and farmland located 1 mile to the west of Blackburn town centre in Pennine Lancashire.

Located on National Cycle Route Network 6 and close to the Leeds & Liverpool canal the park is very accessible by bike. The nearest train station is Cherry Tree Station (1.2km) which is served by the Colne to Blackpool South rail service which runs hourly Mon - Sat and every 2 hours on Sunday. Blackburn Rail Station is also served by trains from Manchester, Bolton, Leeds, York and Clitheroe. For full details of local train services visit www.nationalrail.co.uk or call National Rail enquiries on 08457 48 49 50. For those arriving by car a large free car park is available at the main entrance off Preston Old Road A674 (GR:SD660273)

To Find Out More

For further information about Witton Country Park please contact:

Witton Country Park, Preston Old Road, Blackburn, Lancashire, BB2 2TP
countryside@blackburn.gov.uk
Tel: (01254) 55423

For information on local cycling rides, routes and maps:
www.blackburn.gov.uk/cycling (maps, routes, rides)
www.blackburnbikers.co.uk (club news, rides, events)
www.capitasymonds.co.uk/projects (video/commentary of MTB trails)

Witton Country Park

Blackburn, Lancashire

Billinge Wood Trails

Tricky Sixty
Trail of two Trees



Mountain Bike Trails & Walks

CAPITA SYMONDS

dms
dinsdale moorland services limited



- Personal Safety**
- Always carry a mobile phone
 - Ride the trail type suited to your ability and the specification/quality of your bike
 - Ride within your ability
 - Ensure your bike is safe to ride and be prepared for all emergencies
 - Always carry some identification
 - Always tell someone where you are going and when you will be back
 - Reflective materials on your clothes or bike can save your life
 - ALWAYS wear a helmet

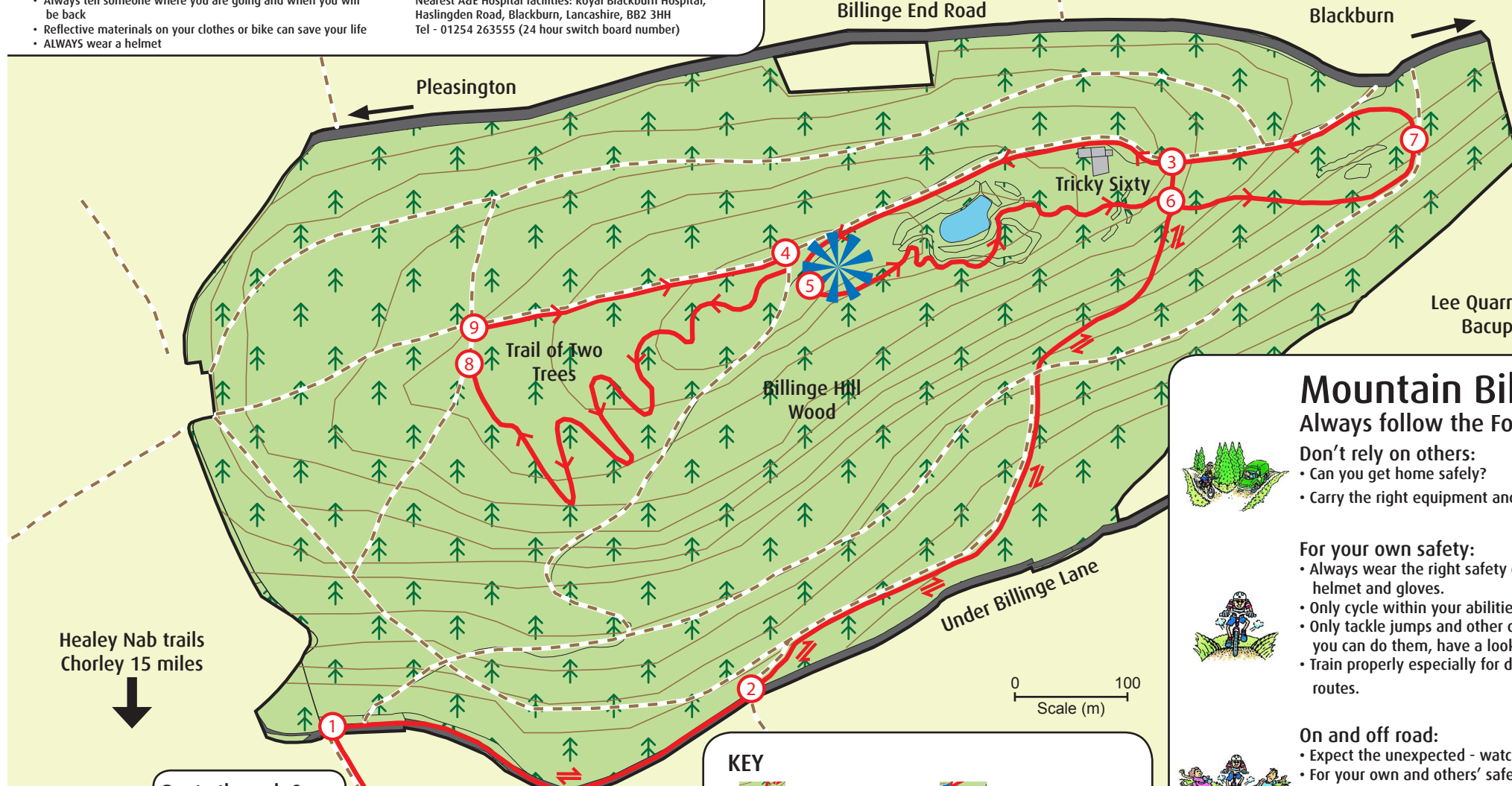
- The weather determines general trail conditions. Make sure you have adequate clothing, food, drink and time to complete your trip safely. **DON'T RELY ON OTHERS.**
- If you get into difficulty on the trail look out for the individually numbered waymarker posts. Report your location to the emergency services or to the Visitor Centre. The grid reference that this point is CD 659 280. In case of emergency call 999. Nearest A&E Hospital facilities: Royal Blackburn Hospital, Haslingden Road, Blackburn, Lancashire, BB2 3HH
Tel - 01254 263555 (24 hour switch board number)

Gisburn Forest MTB
Slaidburn centre 20 miles

Billinge End Road

Blackburn

Lee Quarry MTB centre
Bacup 18 miles



Mountain Biking Code

Always follow the Forest Cycle Code

Don't rely on others:

- Can you get home safely?
- Carry the right equipment and know how to use it.



For your own safety:

- Always wear the right safety clothing, at least a cycle helmet and gloves.
- Only cycle within your abilities.
- Only tackle jumps and other challenges if you are sure you can do them, have a look first!
- Train properly especially for difficult and technical routes.



On and off road:

- Expect the unexpected - watch out for other visitors.
- For your own and others' safety always follow warning signs and any advice you are given.
- Please slow down for horse, some horse are easily spooked by bikes.
- If approaching a horse from behind please warn the rider of your presence by calling "bike behind".
- Billinge Hill is a multi user site. Please ride within your limits and give way to other users.



Healey Nab trails
Chorley 15 miles

Route through Crow Wood from Visitor Centre to Under Billinge Lane



0.9 miles to
Visitor Centre

KEY

- | | | | |
|--|--------------------|--|-----------------|
| | Red (intermediate) | | Viewpoint |
| | Public Footpaths | | Contour |
| | Road | | Two way traffic |
| | Marker Post | | One way traffic |

